

Madelyn H. Labela

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EDUCATION

- 2018** Ph.D. in Child Psychology
Developmental Psychopathology and Clinical Science Program
Institute of Child Development, University of Minnesota
Academic Co-Advisors: Ann S. Masten, Bonnie Klimes-Dougan
- 2014** M.A. in Child Psychology
Passed written exams with honors
Institute of Child Development, University of Minnesota
- 2009** B.A. in Psychology and English
Williams College
Summa Cum Laude, Highest Departmental Honors

RESEARCH INTERESTS

Risk and resilience in the context of poverty, homelessness, and exposure to violence
Parental socialization of emotion
Sociocultural influences on parenting
Self-regulatory development
Biological embedding of adversity

AWARDS, HONORS, AND FELLOWSHIPS

- 2017-2018** P.E.O. Scholar Award
- 2016-2017** Doctoral Dissertation Fellowship
- 2013–16** National Science Foundation Graduate Research Fellowship
- 2015** Institute of Child Development Small Grant
- 2015** Council of Graduate Students Travel Fellowship
- 2014** College of Education and Human Development Travel Fellowship
- 2013** Center for Personalized Prevention Research, University of Minnesota,
Early Career Investigator Network Summer Fellow

- 2013-2017** Honor Society of Phi Kappa Phi, University of Minnesota Chapter
- 2013** Council of Graduate Students Travel Fellowship
- 2012–13** College of Education and Human Development Graduate Fellowship
- 2008-2009** Phi Beta Kappa, Williams College Chapter
- 2009** Edward Gould Shumway Prize in English, Williams College

PEER-REVIEWED PUBLICATIONS

Labella, M. H., Raby, K. L., Martin, J., & Roisman, G. I. (in press). Romantic functioning mediates prospective associations between childhood abuse and neglect and parenting outcomes in adulthood. *Development and Psychopathology*.

Labella, M. H. (2018). The sociocultural context of emotion socialization in African American families. *Clinical Psychology Review, 59*, 1-15.

Labella, M. H., Johnson, W. F., Martin, M. J., Ruiz, S. K., Shankman, J. L., Narayan, A. J., Englund, M. M., Collins, W. A., Roisman, G. I., & Simpson, J. A. (2018). Multiple dimensions of childhood abuse and neglect prospectively predict poorer adult romantic functioning. *Personality and Social Psychology Bulletin, 44*, 238-251.

Labella, M. H., Narayan, A. J., McCormick, C. M., Desjardins, C. D., & Masten, A. S. (2018). Sociodemographic risk, family adversity, and children's social-emotional adjustment in families experiencing homelessness. *Child Development (online preview)*.

Labella, M. H., & Masten, A. S. (2018). Family influences on the development of aggression and violence. *Current Opinion in Psychology (Special Issue on Aggression and Violence), 19*, 11-16.

Raby, K. L., Roisman, G. I., **Labella, M. H.**, Martin, J., Fraley R. C., & Simpson, J. A. (2018). The legacy of early abuse and neglect for social and academic competence from childhood to adulthood. *Child Development (online preview)*.

Zamir, O., Gewirtz, A. H., **Labella, M.**, DeGarmo, D. S., & Snyder, J. J. (2018). Experiential avoidance, communication, and marital quality in intimate relationships of military couples. *Journal of Family Issues, 39*, 1191-1212.

Labella, M. H., Kalstabakken, A.W., Johnson, J., Leppa, J., Robinson, N., Masten, A. S., & Barnes, A. J. (2017). Promoting resilience by improving children's sleep: Feasibility among families living in supportive housing. *Progress in Community Health Partnerships, 11*, 285-293.

Martin, M. J., Raby, K. L., **Labella, M. H.**, & Roisman, G. (2017). Childhood abuse and neglect, attachment states of mind, and non-suicidal self-injury. *Attachment and Human Development, 19*, 425-446.

Narayan, A. J., **Labella, M. H.**, Englund, M., Carlson, E., Egeland, B. (2017). The legacy of early violence exposure: Infancy versus preschool timing effects for adulthood dating violence. *Journal of Family Psychology, 31*, 833-843.

Raby, K. L., **Labella, M. H.**, Martin, J., Carlson, E. A., & Roisman, G. I. (2017). Childhood abuse and neglect and insecure attachment states of mind in adulthood: Prospective, longitudinal evidence from a high-risk sample. *Development and Psychopathology, 29*, 347-363.

Labella, M. H., Narayan, A. J., & Masten, A. S. (2016). Emotional climate in families experiencing homelessness: Associations with child affect and social-emotional adjustment in school. *Social Development, 25*, 304-321.

Narayan, A. J., Kalstabakken, A. W., **Labella, M. H.**, Nerenberg, L.S., & Masten, A.S. (2017). Intergenerational continuity of adverse childhood experiences in high-risk families. *American Journal of Orthopsychiatry, 87*, 3-14.

Masten, A.S., Fiat, A. E., **Labella, M. H.** & Strack, R.A. (2015). Educating homeless and highly mobile students: Implications of research on risk and resilience. *School Psychology Review, 44*, 315-330.

DeMaso, D. R., **Labella, M.**, Rao, S., Hirshberg, J., Forbes, P., Rivkin, M. J., Wypij, D., Newburger, J. (2014). Psychiatric disorders and function in adolescents with d-Transposition of the Great Arteries: A longitudinal perspective. *Journal of Pediatrics, 165*, 760-766.

Mullen, M., Andrus, J., **Labella, M.**, Forbes, P., Rao, S., Harris, J. E., Kulik, T. J., DeMaso, D. R. (2014). Quality of life and parental functioning in pediatric pulmonary hypertension. *Chest, 145*, 237-244.

Webster, G., Panek, K., **Labella, M.**, Taylor, S., DeMaso, D.R. (2014). Anxiety, depression and quality of life in children and adolescents with pacemakers and implantable cardioverter-defibrillators. *Pediatrics, 4*, 964-972.

BOOK CHAPTERS

Labella, M. H. & Cicchetti, D. (2017). Developmental psychopathology. In A. L. Wenzel, Ed., *The SAGE encyclopedia of abnormal and clinical psychology*, pp. 1075-1078. Thousand Oaks, CA: Sage.

Erickson, M. F., **Labella, M. H.**, & Egeland, B. (2017). Child neglect. In J. E. B. Myers and J. B. Klika, Eds., *APSAC handbook on child maltreatment (4th edition)*. Thousand Oaks, CA: Sage.

Labella, M. H. & Masten, A. S. (2016). Family influences on aggression and violence. In B. Bushman, Ed., *Social psychology of aggression and violence: Frontiers of social psychology*. New York, NY: Taylor & Francis.

Masten, A. S. & **Labella, M. H.** (2016). Risk and resilience. In L. Balter & C. S. Tamis-LeMonda, Eds., *Child psychology: A handbook of contemporary issues (3rd edition)*. Philadelphia, PA: Taylor & Francis.

PAPER PRESENTATIONS

Labella, M. H., Distefano, R. L., Merrick, J. S., & Masten, A. S. Emotion reactivity and regulation among young homeless children: Associations with cumulative risk and classroom functioning. Paper presented at the Biennial Meeting of the Society for Research in Child Development in April 2017, Austin, TX.

Thibodeau, E. L., **Labella, M. H.**, Desjardins, C., Masten, A. S., Barnes, A. Environmental sensitivity to sociodemographic risk: Identifying gene expression-by-environment interactions. Paper presented at the Biennial Meeting of the Society for Research in Child Development in April 2017, Austin, TX.

Labella, M. H., Giovanelli, A., Meuwissen, A., & Susman-Stillman, A. Literacy-enriched play environments: Adult attitudes, child play and adult-child interaction. Paper presented at the 46th Annual Meeting of the Jean Piaget Society in June 2016, Chicago, Illinois.

Labella, M. H., Barnes, A., Kalstabbaken, A. W., & Masten, A. S. Promoting resilience by improving children's sleep: A pilot intervention for high-risk families. Paper presented during panel discussion at the Pathways to Resilience International Conference in June 2015, Halifax, Nova Scotia.

Labella, M. H., Narayan, A. J., McCormick, C. M., & Masten, A. S. Sociodemographic risk, family adversity, and children's social-emotional adjustment in families experiencing homelessness. Paper presented at the 2015 Biennial Conference of the Society for Research in Child Development Biennial Meeting, Philadelphia, Pennsylvania.

Raby, K. L., **Labella, M.**, Egeland, B. & Sroufe, A. Relationships as sources of risk and resilience in the development of parenting: Findings from the Minnesota longitudinal study of risk and adaptation. Invited paper presented at the 2014 Society for Research in Child Development Special Topics Meeting: New Conceptualizations in Parenting-At-Risk, San Diego, CA.

Labella, M., Engel, S. L. Cultivating curiosity: Effects of teacher modeling on student exploration. Paper presented at the 2014 European Association for Research on Learning and Instruction Biennial Conference, Munich, Germany.

POSTER PRESENTATIONS

DePasquale, C. E., **Labella, M. H.**, & Masten, A. S. Distress co-expression in homeless/highly mobile caregiver-child dyads. Poster presented at the 2017 annual meeting of the Association for Psychological Science in May 2017, Boston, MA.

Palmer, A., **Labella, M.**, Plowman, E., & Masten, A. S. Parental risk and protective factors for children experiencing homelessness. Poster presented at the 2017 annual meeting of the Association for Psychological Science in May 2017, Boston, MA.

Foster, R. A., **Labella, M. H.**, & Masten, A. S. Positive and negative emotion socialization in homeless families: Psychometrics of the Parental Emotional Styles Questionnaire. Poster presented at the Biennial Meeting of the Society for Research in Child Development in April 2017, Austin, TX.

Merrick, J., **Labella, M.**, Desjardins, C., Barnes, A., & Masten, A. S. Child Life Challenges Scale: Evidence of validity as a lifetime adversity measure. Poster presented at the Biennial Meeting of the Society for Research in Child Development in April 2017, Austin, TX.

Merrick, J., Kalstabakken, A. W., **Labella, M. H.**, Fiat, A. E., & Masten, A. S. Child Life Challenges Scale for quick assessment of lifetime adversity. Poster presented at the 28th Annual Association of Psychological Science Convention in May 2016, Chicago, Illinois.

Ramakrishnan, J., Garside, R., **Labella, M. H.** & Klimes-Dougan, B. Parental socialization of discrete positive and negative emotions: Implications for emotional functioning. Poster presented at the 2016 Biennial Meeting of Society for Research on Adolescence in April 2016, Baltimore, Maryland.

Labella, M. H., Harris, S. J., & Klimes-Dougan, B. Emotion socialization by mothers with bipolar and unipolar depression: Observed parent-child exchanges and adult recollections. Poster presented at the 2015 Biennial Conference of the Society for Research in Child Development Biennial Meeting, Philadelphia, Pennsylvania.

Barnes, A. J., Kalstabakken, A. W., **Labella, M. H.**, & Masten, A. S. Self-regulation and overweight status among preschoolers. Poster presented at the 2015 Biennial Conference of the Society for Research in Child Development Biennial Meeting, Philadelphia, Pennsylvania.

Narayan, A. J., **Labella, M. H.**, Englund, M., Carlson, E., & Egeland, B. The legacy of exposure to violence in early childhood to violent behavior in adulthood: variable- and person-oriented evidence. Poster presented at the 2015 Biennial Conference of the Society for Research in Child Development Biennial Meeting, Philadelphia, Pennsylvania.

Labella, M., Narayan, A.J. & Masten, A.S. Parent distress, emotional expression, and classroom competence in families facing homelessness. Poster presented at the 2014 Society for Research in Child Development Special Topics Meeting on New Conceptualizations in Parenting-At-Risk, San Diego, CA.

CLINICAL EXPERIENCE

2017-2018 Predoctoral Intern in Clinical Psychology: Child and Adolescent Track
Hennepin County Medical Center
Training Director: Daniel B. Hurley, Ph.D., L.P.

Clinical Rotations:

Child and Adolescent Psychiatry Service

- 8 hours/week for full year
- Conduct psychotherapy and psychological testing with children and adolescents presenting with a range of emotional and behavioral concerns, often in the context of psychosocial adversity and exposure to trauma
- Coordinate with schools, medical teams, and other providers as needed
- Modalities used: Cognitive-Behavioral Therapy, Trauma-Focused Cognitive-Behavioral Therapy, Parent Management Training
- Supervisors: Cheryl Sybesma Van Noord, Ph.D., L.P., Mark Lynn, Ph.D., L.P.

Adult Psychiatry Clinic

- 8 hours/week for full year
- Conduct individual psychotherapy with adults presenting with a range of emotional and behavioral concerns, including depression, suicidality, substance abuse, and post-traumatic stress.
- Co-facilitate Cognitive Processing Therapy group for adults struggling with post-traumatic stress disorder
- Modalities used: Cognitive-Behavioral Therapy, Behavioral Activation, Cognitive Processing Therapy
- Supervisors: Daniel B. Hurley, Ph.D., L.P.; Collin Davidson, Ph.D., L.P.

Acute Psychiatric Services

- 8 hours/week for three months
- Conduct diagnostic assessments with adolescents and adults presenting to psychiatric emergency room in acute mental health crisis
- Obtain collateral information, coordinate with other providers to ensure continuity of care, and assist in disposition planning
- Supervisor: Foster Renwick, D.O.

Child and Adolescent Consult Service

- 4 to 8 hours/week for full year
- Provide psychological consultation, diagnostic clarification, and treatment recommendations for children and adolescents who are medically hospitalized and in need of psychological services.
- Follow patients throughout their hospital stay to provide psychoeducation, support healthy coping skills, and assist in disposition planning.
- Supervisor: Marcia Jensen, Ph.D., L.P.

2014-2017 Predoctoral Practicum Student
University of Minnesota Medical Center, Department of Psychiatry

Clinical rotations:

Dialectical Behavioral Therapy Program

- July 2016-June 2017
- 5 hours/week
- Provided individual psychotherapy and telephone coaching to adolescents and young adults struggling with emotion dysregulation and self-harm.
- Co-facilitated DBT skills group for young adults.
- Supervisor: Michael Miller, Psy.D., L.P.

Research on Adolescent Depression Lab

- June 2014-May 2017
- 3-6 hours/week
- Conducted psychodiagnostic assessment of children and adolescents presenting with depressive symptoms and/or self-injurious behaviors.
- Wrote clinical reports and coordinated with multidisciplinary team.
- Co-supervised junior practicum students on diagnostic assessment and report writing (beginning in September 2016)
- Supervisors: Bonnie Klimes-Dougan, Ph.D., L.P.; Meredith Gunlicks-Stoessel, Ph.D., L.P.; Kathryn Cullen, M.D.

Child and Adolescent Mood Disorders Clinic

- June 2015-May 2017
- 5 hours/week
- Provided individual and family psychotherapy for children and adolescents struggling with depression and comorbid disorders.
- Modalities used: Interpersonal Psychotherapy for Adolescents, Cognitive Behavioral Therapy
- Supervisors: Meredith Gunlicks-Stoessel, Ph.D., L.P.

Child and Adolescent Neuropsychology

- July 2014-June 2015
- 8 hours/week
- Conducted neuropsychological assessment of children and adolescents presenting with comorbid psychiatric and cognitive concerns.
- Participated in feedback sessions and wrote integrative reports.
- Supervisor: Jeffrey R. Wozniak, Ph.D., L.P.

2015-2017 Predoctoral Practicum Student
Midwestern Neuropsychology

- 5 hours/week

- Administered neuropsychological assessments to adults with cognitive concerns related to traumatic brain injury, neurodevelopmental disorders, dementias, and psychiatric conditions.
- Supervisor: Michael Fuhrman, Ph.D., L.P.

2015-2016 Predoctoral Practicum Student

Washburn Center for Children

- 20 hours/week
- Conducted diagnostic assessments, individual therapy, and family therapy for children and families presenting with a range of emotional and behavioral concerns, often in the context of psychosocial adversity and exposure to trauma
- Coordinated with schools, case managers, and other providers as needed
- Modalities used: Cognitive-Behavioral Therapy, Mindfulness, Parent Management Training
- Supervisors: Jessica Cohen, Ph.D., L.P., Jessica Wedin, Ph.D., L.P.

TECHNICAL TRAINING

Research Trainings

- 2017** Latent class and latent profile analysis
Two months of weekly consultation
Instructor: Eric Thibodeau, Ph.D.
University of Minnesota
- 2017** Interpretation of actigraphy-measured sleep indicators
Hour-long workshop
Instructor: Andrew J. Barnes, M.D.
University of Minnesota
- 2016** Children’s Interpretations of Interpersonal Distress and Conflict (Zahn-Waxler)
Eight hours of training, practice, and reliability meetings
Instructor: Sandra Ahumada-Lopez, Ph.D.
University of Minnesota
- 2016** Summer Stats Workshop: Structural equation modeling
Weeklong full-time course
Instructor: Christopher D. Desjardins, Ph.D.
University of Minnesota
- 2013** “Kidvid” coding: Parent responses to video vignettes (DeGarmo)
Ten hours of initial instruction and biweekly reliability meetings
Instructor: Osnat Zamir, Ph.D.
University of Minnesota

- 2013** Autonomic Nervous System Data Collection
Ten hours of training and formal “test out” (approval for data collection)
Instructors: Glenn Roisman, Ph.D., and Ryan Steele, M.A.
University of Minnesota
- 2013** Five Minute Speech Sample coding (Magaña-Amato, 1993; Caspi et al., 2004)
Four hours of initial instruction followed by weekly reliability meetings
Instructor: Angela Narayan, Ph.D.
University of Minnesota
- 2012** Parenting Behavior Rating Scales (Sroufe, 1997)
Four hours of initial instruction followed by weekly reliability meetings
Instructor: K. Lee Raby, Ph.D.
University of Minnesota
- 2009** Kiddie-Schedule of Affective Disorders and Schizophrenia (K-SADS-PL)
Twenty to thirty hours of direct instruction, shadowing interviews, and being observed, followed by monthly reliability meetings.
Instructors: David R. DeMaso, M.D.; Sneha Rao, P.N.P., C.L.C.

Clinical Trainings

- 2017** Ten-module online training on Cognitive Processing Therapy
Medical University of South Carolina
- 2016** Ten-module online training on Trauma-Focused Cognitive Behavioral Therapy
Medical University of South Carolina
- 2016** Four-session training on Mindfulness-Based Stress Reduction
Instructor: Jean Haley, MSW, LICSW
Institute of Translational Research
- 2015** Two-week long training on Parent Management Training: Oregon Model
Instructors: Abi Gewirtz, Ph.D., Adriana Youssef, Ph.D., Molly Willer, Ph.D.
Institute of Translational Research

TEACHING

Training

- Fall 2014** Seminar in Teaching Developmental Psychology
Training seminar focused on pedagogy and preparation for teaching undergraduate and graduate-level courses

Courses

- Spring 2017** PSY 295: Risk and Resilience in Human Development, Augsburg College
Instructor
- Fall 2015** CPSY 4311: Behavioral and Emotional Disorders of Childhood, University of Minnesota
Co-Instructor
- Spring 2015** CPSY 2301/3301: Introduction to Child Psychology, University of Minnesota
Co-Instructor

Visiting Lectures

- Fall 2016** CPSY 4303: Adolescent Psychology, University of Minnesota
Visiting Lecturer (taught five of 25 classes)
- Spring 2016** Senior College Lecture Series, Alexandria, MN
Guest Lecture: Early Childhood in Context: Effects of Early Experience on the Brain, Body, and Behavior
- Fall 2014 & Spring 2015** PSY 3301: Introduction to Cultural Psychology, University of Minnesota
Guest Lecture: Cultural Contexts of Child Development

Teaching Assistant

- Spring 2015** CPSY 4347W: Senior Projects, University of Minnesota

MENTORING

- 2017** Co-supervised psychology practicum students conducting diagnostic assessments for clinical research
Supervised by Bonnie Klimes-Dougan, Ph.D., L.P.
University of Minnesota Medical Center
- 2017** Supervised Psychology Honors Student
“Effects of Parental Positive Affect on Children’s Socio-emotional Competence and School Readiness in Families Experiencing Homelessness”
Holly Cobb
University of Minnesota
- 2017** Emotions as a Parent Interview
Trained and supervised undergraduate students on administering novel qualitative interview regarding parents’ emotion socialization beliefs and goals
University of Minnesota
- 2014-2016** Anchor Coding for Affect Coding Teams

Trained and supervised 12 undergraduate students, 3 graduate students, and 1 bachelor's-level staff member on adapted affect coding system
University of Minnesota

PROFESSIONAL SERVICE

Departmental committees

2012-2017 Colloquium & Visiting Scholar Committee, University of Minnesota
2015-2016 Graduate Small Grants Committee, University of Minnesota

Ad hoc journal reviews

Aggression and Violent Behavior, Child Development, Emerging Adulthood, Social Development

PROFESSIONAL AFFILIATIONS

American Psychological Association, Division 7 (Developmental Psychology)
American Psychological Association, Division 53 (Clinical Child and Adolescent Psychology)
Association for Psychological Science
Society for Research in Child Development