

CURRICULUM VITAE
Amanda H. Costello
September 2019

PERSONAL INFORMATION

Business Address

University of Delaware
Department of Psychological and Brain Sciences
108 Wolf Hall
Newark, DE 19716
Email: acostello@psych.udel.edu

PROFESSIONAL APPOINTMENTS

Assistant Professor of Psychological and Brain Sciences-2018

University of Delaware, Newark, Delaware

Scientist- 2017

Department of Psychological and Brain Sciences, University of Delaware, Newark, Delaware
Licensed clinical psychologist in the State of Delaware (License #: B1-0001141)

Postdoctoral Researcher- 2015-2017

Department of Psychological and Brain Sciences, University of Delaware, Newark, Delaware
Principal Investigator: Mary Dozier, Ph.D.

Postdoctoral Appointee- 2014-2015

CARES Institute at the Rowan University School of Osteopathic Medicine
Co-Directors: Esther Deblinger, Ph.D. and Martin Finkel, D.O.

EDUCATION AND TRAINING

Predoctoral Psychology Intern – 2013-2014

Medical University of South Carolina, Charleston, South Carolina (NCTSN Category II Center)
Research Preceptor: Rochelle F. Hanson, Ph.D.

Ph.D. –2014

West Virginia University, Morgantown, West Virginia
Area: Clinical Child Psychology
Mentor: Cheryl B. McNeil, Ph.D.

M.S. – 2011

West Virginia University, Morgantown, West Virginia
Area: Clinical Child Psychology
Mentor: Cheryl B. McNeil, Ph.D.

B.S. –2007

University of Pittsburgh, Pittsburgh, Pennsylvania
Major/Minor: Psychology/English, *Magna Cum Laude*

REFEREED JOURNAL ARTICLES

- Costello, A. H.**, Roben, C. K. P., Schein, S. S., Blake, F., & Dozier, M. (2019). Monitoring provider fidelity of a parenting intervention using observational methods. *Professional Psychology: Research and Practice*, 50(4), 264-271.
- Schein, S. S., **Costello, A. H.**, Roben, C. K. P., & Dozier, M. (2018). Implementing Attachment and Biobehavioral Catch-Up with Foster Parents. *International Journal of Birth & Parent Education, Special Issue: Adoption and Fostering*, 5 (2).
- Costello, A. H.**, Shook, N. J., Wallace, N. M., & McNeil, C. B. (2018). Examining factors associated with elevated Lie Scale responding on the Child Abuse Potential Inventory. *Child Abuse and Neglect*, 76, 56-64.
- Stokes, J. O., Scudder, A. B., **Costello, A. H.**, & McNeil, C. B. (2017). Parent-child interaction therapy with an eight-year-old child: A case study. *Evidence-Based Practice in Child & Adolescent Mental Health*, 2(1), 1-11.
- Costello, A. H.**, Moreland, A.D., Jobe-Shields, L., Hanson, R. F., & Dumas J. E. (2015). Change in child abuse potential as a predictor of post-assessment child disruptive behaviors after participation in PACE. *Journal of Child and Family Studies*, 24(10), 2989-2998.
- Tempel, A. B., McNeil, C. B., Chengappa, K., & **Costello, A. H.** (2014). Evaluation of a standard parenting class within a women's state correctional facility and a parent-training class modeled from Parent-Child Interaction Therapy. *Children and Youth Services Review*, 46, 238-247.
- Costello, A. H.**, & McNeil, C. B. (2014). Differentiating parents with faking-good profiles from parents with valid scores on the Child Abuse Potential Inventory. *Journal of Family Violence*, 29(1), 79-88.
- Kolko, D. J., Herschell, A. D., **Costello, A. H.**, & Kolko, R. (2009). Recommendations from Child Welfare Stakeholders to improve mental health care for children who have experienced abuse and neglect. *Administration and Policy in Mental Health and Mental Health Services Research*, 36(1), 50-62.

BOOK CHAPTERS

- Costello, A. H.**, Roben, C. K. P., & Dozier, M. (2018). Attachment and Biobehavioral Catch-up. In A. S. Morris & A. C. Williamson (Eds.), *Building Early Social and Emotional Relationships in Infants and Toddlers: Integrating Research and Practice*, Springer International Publishing.
- Jobe-Shields, L., **Costello, A. H.**, Jackson, C., & Hanson, R. F. (2016). Evaluating treatments and interventions: What constitutes “evidence-based” treatment? In S. Maltzman (Ed.), *The Oxford Handbook of Treatment Processes and Outcomes in Counseling Psychology*, Oxford University Press.
- Costello, A. H.**, Travers, R. M., Quetsch, L. B., Robinson, C., Wallace, N., & McNeil, C. B. (2015). Parent-child interaction therapy for the prevention and treatment of child abuse and neglect. In M. Martinez (Ed.), *Child Abuse and Neglect: Perceptions, Psychological Consequences and Coping Strategies*, Nova Science Publishers: Hauppauge, NY.
- McNeil, C. B., **Costello, A. H.**, Travers, R. N., & Norman, M. A. (2013). Parent-child interaction therapy with children traumatized by physical abuse and neglect. In S. Kimura & A. Miyazaki (Eds.),

Physical and Emotional Abuse: Triggers, Short and Long-Term Consequences and Prevention Methods. Nova Science Publishers: Hauppauge, NY.

Chengappa, K., Stokes, J. O., **Costello, A. H.**, Norman, M. A., Travers, R., & McNeil, C. B. (2012). Parent-child Interaction Therapy for severe sibling conflict in young children. In M. Dupont & J-P. Renaud (Eds.), *Siblings: Social Adjustments, Interaction and Family Dynamics*. Nova Science Publishers: Hauppauge, NY.

Stokes, J. O., Tempel, A. B., Chengappa, K., **Costello, A. H.**, & McNeil, C. B. (2011). Teacher-child interaction training: Historical underpinnings, literature review, and case example. In R. J. Newley (Ed.), *Classrooms: Management, Effectiveness, and Challenges*. Nova Science Publishers: Hauppauge, NY.

Costello, A. H., Chengappa, K., Stokes, J. O., Tempel, A. B., & McNeil, C. B. (2011). Parent-child interaction therapy for oppositional behavior in children: Integration of child-directed play therapy and behavior management training for parents. In A. A. Drewes, S. C. Bratton, & C. E. Schaefer (Eds.), *Integrative Play Therapy*. John Wiley & Sons, Inc: Hoboken, NJ

OTHER PUBLICATIONS

Costello, A. H., & McNeil, C. B. (2012, February). Tips for managing oppositional behavior in young children: An overview for parents. *West Virginia Bureau for Behavioral Health and Health Facilities Parenting Perspectives Newsletter*.

Tempel, A. B., **Costello, A. H.**, & McNeil, C. B. (2011). Clinical competency and case presentation from the behaviorist's perspective. *The Behavior Therapist*, 34(2), 26-29.

AWARDS AND HONORS

- 2012: West Virginia University College of Arts and Sciences Dissertation Award: \$1,800.00
- 2010-2011 West Virginia University HERF award for outstanding graduate student: \$2,000.00
- 2009-2010 West Virginia University HERF award for outstanding graduate student: \$2,000.00

SYMPOSIUM PRESENTATIONS

Schein S. S., **Costello, A.**, Roben, C. K. P., & Dozier, M. (2019, May). *Scaling evidence-based interventions: Sustainability, feasibility, and fidelity*. Presented at the 2019 Society for Prevention Research 27th Annual Meeting, San Francisco, CA.

Costello, A. H. (2019, March) (Chair). *Leveraging a major component of Attachment and Biobehavioral Catch-up to ensure successful community dissemination*. Presented at the 2019 Society for Research in Child Development Biennial Meeting, Baltimore, MD.

Roben, C., **Costello, A.**, Kim, B., Blake, F., Schein, S., & Dozier, M. (2019, March). *Family engagement in Attachment and Biobehavioral Catch-up and ratings of parenting and potential for change*. Presented at the 2019 Society for Research in Child Development Biennial Meeting, Baltimore, MD.

Roben, C.K.P., Schein, S.S., **Costello, A.**, Blake, F., & Dozier, M. (2018, July). *Attachment and Biobehavioral Catch-up*. Presented at the 2018 International Conference on Infant Studies, Philadelphia, PA.

Costello, A. H. (2017, November) (Chair). *Improving the Dissemination of Evidence-based early interventions through technology*. Presented at the Association for Behavioral and Cognitive Therapies 51st Annual Conference, San Diego, CA.

Costello, A. H., Roben, C. K. P., Schein, S. S., Blake, F., & Dozier, M. (2017, November). *Using technology to facilitate fidelity monitoring in Attachment and Biobehavioral Catch-up*. Presented at the Association for Behavioral and Cognitive Therapies 51st Annual Conference, San Diego, CA.

Costello, A. H., & McNeil, C. B. (2011, November) (Chairs). *Implementing home-based Parent-Child Interaction Therapy (PCIT): Clinical considerations, adaptations, and outcomes*. Presented at the Association for Behavioral and Cognitive Therapies 45th Annual Conference, Toronto, CA.

Herschell, A. D., & **Costello, A. H.** (2010, November) (Chairs). *From university to community settings: Training community mental health practitioners in evidence-based practice*. Presented at the Association for Behavioral and Cognitive Therapies 44th Annual Conference, San Francisco, CA.

POSTER PRESENTATIONS

Costello, A. H., Moreland, A. D., Jobe-Shields, L., Jackson, C., Saulson, R., & Hanson, R. F. (2014, November). *Change in child abuse potential as a predictor of post-treatment child externalizing symptoms after participation in the PACE program*. Presented at the Association for Behavioral and Cognitive Therapies 48th Annual Conference, Philadelphia, PA.

Jobe-Shields, L., Moreland, A. D., **Costello, A. H.**, Jackson, C., Saulson, R., & Hanson, R. F. (2014, November). *Parenting posttrauma: Clinician reported assessment, treatment, and referral practices for co-occurring traumatic stress and parenting difficulties*. Presented at the Association for Behavioral and Cognitive Therapies 48th Annual Conference, Philadelphia, PA.

Costello, A. H., Moreland, A. D., Jobe-Shields, L., Jackson, C., Saulson, R., & Hanson, R. F. (2014, April). *Assessing change in child abuse potential in at-risk mothers as a predictor of change in child disruptive behaviors after participation in the PACE program*. Presented at the Medical University of South Carolina Women's Health Research Day 2nd Annual Conference, Charleston, SC.

Jobe-Shields, L., Moreland, A. D., **Costello, A. H.**, Jackson, C., Saulson, R., & Hanson, R. F. (2014, April). *Parenting post-trauma: A comprehensive review of the relation between maternal posttraumatic stress and parenting*. Presented at the Medical University of South Carolina Women's Health Research Day 2nd Annual Conference, Charleston, SC.

Morton, R. M., Shook, N. J., **Costello, A. H.**, & McNeil, C. B. (2014, February). *The relation between depressive symptoms and reaction time*. Presented at the Society of Personality and Social Psychology Conference, Austin, TX.

Costello, A. H., McNeil, C.B., Wallace, N., & Morton, R. M. (2013, November). *Examining factors associated with socially desirable responding on the Child Abuse Potential Inventory*. Presented at the Association for Behavioral and Cognitive Therapies 47th Annual Conference, Nashville, TN.

- Travers, R. N., **Costello, A. H.**, Norman, M., & McNeil, C. B. (2013, September). *The use of Parent-Child Interaction Therapy with children who have experienced physical abuse and neglect*. Presented at the 2013 Biennial PCIT Convention, Boston, MA.
- Travers, R. N., **Costello, A. H.**, Norman, M., Wallace, N., & McNeil, C. B. (2013, September). *A review of tailoring and adaptations to Parent-Child Interaction Therapy for use with diverse cultural populations*. Presented at the 2013 Biennial PCIT Convention, Boston, MA.
- Travers, R. N., **Costello, A. H.**, Ortega, J., Glick, H., Wallace, N., & McNeil, C.B. (2013, September). *PCIT with an older child exhibiting significant behavior problems outside of the home: A case study*. Presented at the 2013 Biennial PCIT Convention, Boston, MA.
- Wallace, N., Norman, M., **Costello, A.**, Stokes, J. O., Travers, R., Bourdin, L., & McNeil, C. B. (2013, September). *Doctoral internships: Best matches for PCIT*. Presented at the 2013 Biennial PCIT Convention, Boston, MA.
- Morton, R. M., McNeil, C. B., Shook, N. J., **Costello, A.** (2013, April). *BeanFest: An assessment of attitude formation*. Presented at the University of Charleston 22nd Annual Tri-State Psychology Conference, Charleston, WV.
- Costello, A. H.**, Stokes, J. O., McNeil, C. B., Travers, R. M., Bailey, B., & Morton, R. (2012 November). *Comparing faking versus non-faking parents on the Child Abuse Potential Inventory*. Presented at the Association for Behavioral and Cognitive Therapies 46th Annual Conference, National Harbor, MD.
- Costello, A. H.**, Travers, R. M., & Capage, L. C. (2012, November). *Studying the dissemination of Trauma-Focused CBT in West Virginia*. Presented at the Association for Behavioral and Cognitive Therapies 46th Annual Conference, National Harbor, MD.
- Tempel, A. B., Chengappa, C., **Costello, A. H.**, & McNeil, C. B. (2012, November). *Evaluation of a standard parenting program within a women's state prison facility and a parent-training class modeled from group Parent-Child Interaction Therapy*. Presented at the Association for Behavioral and Cognitive Therapies 46th Annual Conference, National Harbor, MD.
- Stokes, J. O., Tempel, A. B., **Costello, A. H.**, DeRoos, R., Shaner, M., Lewis, G., Gionti, K., & McNeil, C. B. *Observation of parent-child interactions in abusive and comparison families* (2012, November). Presented at the Association for Behavioral and Cognitive Therapies 46th Annual Conference, National Harbor, MD.
- Tempel, A. B., Chengappa, K., **Costello, A. H.**, Metheny, S., Siler, A., Scudder, L., Uncapher, C., Treadwell, M., & McNeil, C. B. (2011, October). *Use of the Child Abuse Potential Inventory with women in a state correctional facility*. Presented at the West Virginia Psychological Association Annual Conference, Morgantown, WV.
- Tempel, A. B., **Costello, A. H.**, Chengappa, K., Scudder, L., Uncapher, C., Treadwell, M., Metheny, S., Siler, A. & McNeil, C.B. (2011, October). *Mother-child contact and mother-reported distress during maternal incarceration*. Presented at the Arkansas Psychological Association Conference, Little Rock, AR.

Costello, A. H., Travers, R., & McNeil, C. B. (2011, September). *Time out back-up room implementation challenges and new ideas*. Presented at the 2011 Biennial PCIT Convention, Gainesville, FL.

Costello, A. H., Gregg, J. J., & Morris, T. L. (2011, May). *College students' attitudes toward the homeless and mentally ill: Gender matters*. Presented at the Association for Psychological Science, Washington, D. C.

Gregg, J. J., **Costello, A. H.**, & Morris, T. L. (2011, May). *Attitudes toward individuals with mental illness and government support in a college student sample*. Presented at the Association for Psychological Science, Washington, D. C.

Stokes, J. O., Tempel, A. B., **Costello, A. H.**, & McNeil, C. B. (2010, November). *Parent-child interaction therapy with an 8-year-old child: A case study*. Presented at the Association for Behavioral and Cognitive Therapies 44th Annual Conference, San Francisco, CA.

Herschell, A. D., Kolko, D. J., **Costello, A. H.**, & Baumann, B. L. (2008, November). *Treatment as usual for child physical abuse within community mental health*. Presented at the Association for Behavioral and Cognitive Therapies 42nd Annual Conference, Orlando, FL.

Herschell, A. D., Kolko, D. J., Baumann, B. L., **Costello, A. H.**, & Wisniewski, S. (2008, November). *Measuring and monitoring treatment adherence in an effectiveness trial for child physical abuse*. Presented at the Association for Behavioral and Cognitive Therapies 42nd Annual Conference, Orlando, FL.

INVITED PRESENTATIONS

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|------|---|
| 2017 | City of Philadelphia Service Coordinators and Initial Evaluators
<i>Attachment and Biobehavioral Catch-up: Introduction</i> |
| 2016 | Coast Fraser Infant Development & Supported Child Development Programs.
<i>Introduction to the Attachment and Biobehavioral Catch-up intervention (ABC) for foster parents of infants and young children in care</i> |

TEACHING EXPERIENCE

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|------------------|---|
| 2010-2011 | Graduate Teaching Instructor
Abnormal Psychology (Undergraduate Course)
West Virginia University, Morgantown, WV |
| 2009-2010 | Graduate Teaching Instructor
Introduction to Psychology (Undergraduate Course)
West Virginia University, Morgantown, WV |

MENTORING

Undergraduate Honors Thesis Students

- Gabrielle Francis (University of Delaware; 2018; mentor)
- Jessica Prucha (University of Delaware; 2018)
- Haley Ringenary (University of Delaware; 2018)
- Reeva Morton (West Virginia University; 2013; McNair scholar; co-mentor)
- Brittany Glass (West Virginia University; 2010; co-mentor)

ADDITIONAL RESEARCH EXPERIENCE

2007-2009 **Research Specialist**
Child & Adolescent Psychiatry, Western Psychiatric Institute & Clinic
University of Pittsburgh School of Medicine, Pittsburgh, PA
Program Director: David J. Kolko, Ph.D.
Research Mentor and Supervisor: Amy D. Herschell, Ph.D.
K23 Award (K23 MH074716; *Implementing an Evidence-Based Treatment for Child Abuse*; (PI: Amy D. Herschell, Ph.D.)

SERVICE TO PROFESSION

Journal Reviewer *Child Maltreatment*
Children and Youth Services Review
SAGE Open
The Quarterly Update

DEPARTMENTAL SERVICE

- 2011-2012 West Virginia University Department of Psychology Faculty Evaluation Committee
- 2010-2011 West Virginia University Department of Psychology Clinical Child Program Area Training Committee

CLINICAL EXPERIENCE

2015-present **Attachment and Biobehavioral Catch-up**
University of Delaware, Newark, DE

- Lead Trainer and Supervisor

2014-2015 **CARES Institute at Rowan University, School of Medicine**
Stratford, NJ

- Provided Trauma-Focused CBT (TF-CBT) to children aged 6-18 years old and their families. TF-CBT training (September 2014) and advanced training (April 2015) conducted by Esther Deblinger, Ph.D.
- Conducted screening evaluations of children recently placed into foster care

2013-2014 **Clinical Internship, Medical University of South Carolina**
Charleston, SC

- *Rotations:* National Crime Victims Research and Treatment Center; Stall High School Mental Health Clinic; Community Outreach Program – Esperanza (COPE); Division of Developmental and Behavioral Pediatrics – Autism Clinic (trained to reliability in the ADOS-2) and 0-3 Clinic (trained in the Mullen Scales of Early Learning)

2012-2013 **West Virginia Industrial Home for Youth**
Salem, WV

- Conducted comprehensive evaluations of and provided individual and group therapy to adolescents and young adults (aged 15-21)

2011-2012 **Center for Excellence in Disabilities**
Morgantown, WV

- *Rotations:* Feeding and Swallowing Clinic; Ruby Memorial Hospital Klingberg Neurodevelopmental Center (Hospital-based evaluations using the Childhood Autism Rating Scale and Developmental Profile 3)

2011-2012

Monongalia County Child Advocacy Center

Morgantown, WV

- Delivered trauma-informed therapy to children and adolescents, aged 3-18 years old and their families

2010-2013

West Virginia University Psychological Clinic

Morgantown, WV

- Delivered Parent Child Interaction Therapy (PCIT) to children aged 3-6 years old and their families; trained by PCIT Master trainer (Cheryl B. McNeil) in March 2010
- Assisted in supervising junior graduate students in the delivery of PCIT

PROFESSIONAL MEMBERSHIPS

- American Psychological Association (APA)
 - Division 53 – Society of Clinical Child and Adolescent Psychology
- Association for Behavioral and Cognitive Therapies (ABCT)
 - Child Maltreatment and Interpersonal Violence Special Interest Group
 - Dissemination and Implementation Science Special Interest Group